

**BOWLING GREEN PARKS AND RECREATION
FALL 2026 ULTIMATE FRISBEE LEAGUE**

REVISED 8/28/2026



1. *William Anderson (RED)*
2. *Woods, Inc. (WHITE)*
3. *Game of Throws (BLUE)*

Monday, August 31st **TURF**

6:00 PM	1-2
7:00 PM	1-3

Monday, September 14th **TURF**

6:00 PM	2-1
7:00 PM	2-3

Monday, September 21st **TURF**

6:00 PM	3-1
7:00 PM	3-2

Monday, September 28th **TURF**

6:00 PM	1-2
7:00 PM	1-3

Monday, October 5th **TURF**

6:00 PM	2-1
7:00 PM	2-3

Monday, October 12th **TURF**

6:00 PM	3-2
7:00 PM	3-1

Monday, October 19th
Single Elimination Tournament

Monday, October 19th – Single Elimination Tournament

KEY POINTS:

- Games will be played in two 20-minute halves with a running clock at all times.
 - When a point is in play, and the clock runs out, finish the point and conclude the half after the point has been scored.
 - If the score is tied at the end of the second half, play one more point to determine the winner.
- Teams are given 1 timeout per half.
 - Timeouts last 70 seconds.
- **Rosters must be turned in by the SECOND WEEK OF THE SEASON!**
- Players must be on the roster and play in 2 matches in order to participate in the post-season tournament
 - Forfeits do not count towards matches played
- Ultimate is a non-contact sport. Players must avoid physical contact during the play. Picks and screens are also prohibited.
- Please remember that there are no referees. Call your own violations.
- Inclement Weather: Matches may proceed in light rain; however, they will be canceled if there are thunderstorms, lightning, thunder, or any issued severe weather advisory.
- ALL GAMES ARE PLAYED AT LAMPKIN PARK'S TURF FIELD