



225 East 3rd Ave.
270-393-3582

www.bgky.org/bgpr/fitness

BE ACTIVE, GET FIT, STAY HEALTHY

Offering:

- Free Weights & Cardio Equipment
- Selectorized/Rehab Equipment
- Racquetball/Wallyball Courts
- Group Exercise Classes
- Instructional Sessions
- Saunas

Home of the



NO CONTRACTS
NO ENROLLMENT



Hours

Mon-Tues: 6am-10pm

Wed-Thurs: 6am-9pm

Friday: 6am-8pm

Sat-Sun: 9am-5pm

Fitness Fees

All prices include unlimited Free Weights, Cardio, Group Classes, Racquetball, Wallyball, Lockers, Showers, and Saunas

- **Individual Fitness** (50% off for those 55 or older)
Monthly: \$20.00 Yearly: \$200.00
- **Student/Government Individual Fitness**
Monthly: \$17.00 Yearly: \$170.00
- **Single Parent Fitness:** (limit 2 children)
Monthly (1 child): \$30.00 Yearly: \$300.00
Monthly (2 children): \$40.00 Yearly: \$360.00
- **2 Person Fitness:** (any 2 persons) (50% off if both are 55 or older)
Monthly: \$35.00 Yearly: \$360.00
- **3 or More Person Fitness:** (max up to 5 people)
\$140.00 yearly, paid in full, per person
- **Family Monthly Fitness:** (max 5 people, must live in same household)
Monthly: \$60.00 Yearly: \$500.00



Ask us about our
Microfit Testing
and Instructional
Sessions.

Fitness Management

Frank A. LaManna, **Fitness/Wellness Supervisor**, 270-393-3232, frank.lamanna@bgky.org

Derick Fair, **Fitness Coordinator**, 270-393-3735, derick.fair@bgky.org

Bonita Dearbone, **Aerobics Coordinator**, 270-393-3582, bonita.paul@bgky.org

No children under 11 years old allowed in the fitness areas, anyone between the ages of 11-15 MUST be accompanied by an adult (18 or older).