

225 East 3rd Ave. 270-393-3582

www.bgky.org/bgpr/fitness

BE ACTIVE, GET FIT, STAY HEALTHY

Offering:

- Free Weights & Cardio Equipment
- Selectorized/Rehab Equipment
- Racquetball/Wallyball Courts
- Group Exercise Classes
- Saunas

NO CONTRACTS NO ENROLLMENT

Hours

Mon-Thurs: 6am-9pm

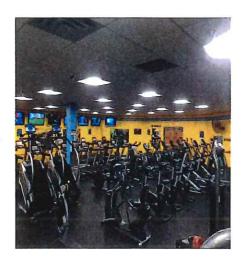
Friday: 6am-7pm

Sat-Sun: 9am-4pm









Fitness Fees

All prices include unlimited Free Weights, Cardio, Group Classes, Racquetball, Wallyball, Lockers, Showers, and Saunas.

- <u>Daily Workout</u> \$6
- **Individual Fitness** (50% off for those 55 or older)

Monthly: \$22.00 Yearly: \$212.00

Student/Government Individual Fitness

Monthly: \$19.00 Yearly: \$182.00

• Single Parent Fitness: (limit 2 children)

Monthly (1 child): \$32.00 Yearly: \$318.00

Monthly (2 children): \$43.00 Yearly: \$382.00

• <u>2 Person Fitness:</u> (any 2 persons) (50% off if both are 55 or older)

Monthly: \$38.00 Yearly: \$382.00

• 3 or More Person Fitness: (max up to 5 people)

\$149.00 yearly, paid in full, per person

• Family Monthly Fitness: (max 5 people, must live in same household)

Monthly: \$64.00 Yearly: \$530.00



Not looking for a month membership...try our 10-visit pass for \$30. That's only \$3 a visit.

Racquetball rental: \$10/hr non member(s)

\$5/hr with member(s)

Wallyball rental:

\$15/hr non member(s) \$7/hr with member(s)

Fitness Management

Frank A. LaManna, **Fitness/Wellness Supervisor**, 270-393-3232, frank.lamanna@bgky.org
Derick Fair, **Fitness Coordinator**, 270-393-3735, derick.fair@bgky.org
Bonita Dearbone, **Aerobics Coordinator**, 270-393-3582, bonita.paul@bgky.org

No children under 11 years old allowed in the fitness areas, anyone between the ages of 11-15 MUST be accompanied by an adult (18 or older).