



225 East 3rd Ave.
270-393-3582

www.bgky.org/bgpr/fitness

BE ACTIVE, GET FIT, STAY HEALTHY

Offering:

- **Brand New Cardio & Selectorized Equipment**
- **Free Weight Room**
- **Racquetball/Wallyball Courts**
- **Group Exercise Classes**
- **Saunas**

**NO
CONTRACTS**

**NO
ENROLLMENT**

Monday - Thursday	6am - 10pm
Friday	6am - 7pm
Saturday	9am - 5pm
Sunday	9am - 5pm




Silver Sneakers
Renew Active
 by UnitedHealthcare




Fitness Fees

All prices include unlimited Free Weights, Cardio, Group Classes, Racquetball, Wallyball, Lockers, Showers, and Saunas.

- **Daily Workout** \$6
- **Individual Fitness** (50% off for those 55 or older)
Monthly: \$22.00 Yearly: \$212.00
- **Student/Government Individual Fitness**
Monthly: \$19.00 Yearly: \$182.00
- **Single Parent Fitness:** (limit 2 children)
Monthly (1 child): \$32.00 Yearly: \$318.00
Monthly (2 children): \$43.00 Yearly: \$382.00
- **2 Person Fitness:** (any 2 persons) (50% off if both are 55 or older)
Monthly: \$38.00 Yearly: \$382.00
- **3 Person Fitness:**
Monthly: \$51.00 Yearly: \$447.00
- **Group Fitness:** (max 5 people)
Monthly: \$64.00 Yearly: \$530.00



Not looking for a month membership...try our 10-visit pass for \$30. That's only \$3 a visit!



Racquetball rental: \$10/hr non member(s)
\$5/hr with member(s)

Wallyball rental: \$15/hr non member(s)
\$7/hr with member(s)



Scan QR code to receive BGPR Fitness info.- events/programs, holiday hours, cancellations, etc.

Fitness Management

Frank A. LaManna, **Fitness/Wellness Supervisor**, 270-393-3232, frank.lamanna@bgky.org
Derick Fair, **Fitness Coordinator**, 270-393-3735, derick.fair@bgky.org
Bonita Dearbone, **Aerobics Coordinator**, 270-393-3582, bonita.paul@bgky.org

No children under 11 years old allowed in the fitness areas, anyone between the ages of 11-15 MUST be accompanied by an adult (18 or older).