

225 East 3<sup>rd</sup> Ave. 270-393-3582

www.bgky.org/bgpr/fitness

## BE ACTIVE, GET FIT, STAY HEALTHY

## Offering:

- Brand New Cardio & Selectorized Equipment
- Free Weight Room
- Racquetball/Wallyball Courts
- Group Exercise Classes
- Saunas

Sunday

Monday - Thursday Friday Saturday

6am - 10pm 6am - 7pm 9am - 5pm 9am - 5pm NO CONTRACTS

NO ENROLLMENT

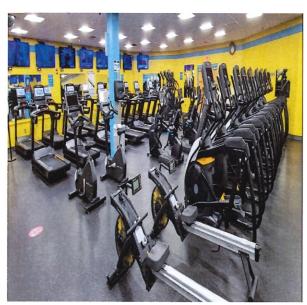




Renew Active

by UnitedHealthcare





## **Fitness Fees**

All prices include unlimited Free Weights, Cardio, Group Classes, Racquetball, Wallyball, Lockers, Showers, and Saunas.

- Daily Workout \$6
- **Individual Fitness** (50% off for those 55 or older)

Monthly: \$22.00 Yearly: \$212.00

Student/Government Individual Fitness

Monthly: \$19.00 Yearly: \$182.00

• Single Parent Fitness: (limit 2 children)

Monthly (1 child): \$32.00 Yearly: \$318.00

Monthly (2 children): \$43.00 Yearly: \$382.00

• 2 Person Fitness: (any 2 persons) (50% off if both are 55 or older)

Monthly: \$38.00 Yearly: \$382.00

3 Person Fitness:

Monthly: \$51.00 Yearly: \$447.00

Group Fitness: (max 5 people)

Monthly: \$64.00 Yearly: \$530.00





\$10/hr non member(s) \$5/hr with member(s)



\$15/hr non member(s) \$7/hr with member(s)



Scan QR code to receive BGPR Fitness info.— events/programs, holiday hours, cancellations, etc.

## **Fitness Management**

Frank A. LaManna, **Fitness/Wellness Supervisor**, 270-393-3232, frank.lamanna@bgky.org
Derick Fair, **Fitness Coordinator**, 270-393-3735, derick.fair@bgky.org
Bonita Dearbone, **Aerobics Coordinator**, 270-393-3582, bonita.paul@bgky.org

No children under 11 years old allowed in the fitness areas, anyone between the ages of 11-15 MUST be accompanied by an adult (18 or older).