



**BOWLING GREEN PARKS AND RECREATION
ADULT SPORTS LEAGUES
HEALTHY AT SPORTS REQUIREMENTS**

The following restrictions and requirements apply to all adult sports:

- Each group of players must remain in a separate single space from another group of players at all times.
- Social distancing should be maintained as much as possible during practice.
- The same individuals must remain in the same groups each day to limit exposure between groups.
- Masks must be worn by all persons over five (5) years old in all areas at all times. **The only exception is while players are playing.*
- Players should sanitize hands and equipment regularly.
- Players and spectators must be screened every day.
- A maximum of three (3) spectators per player will be allowed for each scheduled event and must sit in designated spots in bleachers/chairs. (VOLLEYBALL, SOCCER, & FLAG FOOTBALL spectators need to bring their own seating (e.g., chairs) from home.
- Social distancing measures will be strictly enforced. Spectators must seat themselves at least **six (6) feet apart**.
- All attendees will be reminded via signage to thoroughly wash hands frequently and supplement with hand sanitizer, and to ALWAYS cough or sneeze into their elbow and NOT their hands.
- Spectators may only bring essential items into the facility.
- All equipment (such as bats, sticks, helmets, etc.) must be disinfected between individual users or players must provide their own equipment.

Before each activity all participants and spectators will be screened for entry, including a temperature check and COVID questionnaire. **All individuals must wear a face covering (over the nose and mouth)** wherever it is not feasible to maintain six feet of social distancing from another individual not in the same household or, for those engaging in physical activities outdoors, wherever the individual is not able to maintain a safe physical distance from others not in the same household.

Checklist for participants and players:

Screen the participant before attending the adult recreation event for any of the following new or worsening signs or symptoms of COVID-19.

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Feeling feverish or a measured temperature greater than or equal to 100.4 degrees in Fahrenheit.