BOWLING GREEN PARKS AND RECREATION
SPRING 2026 ULTIMATE FRISBEE LEAGUE
(REVISED 4/2/2026)

1. ***Man, I Love Frisbee (RED)***
2. ***Wild Things (WHITE)***
3. ***Woods, Inc. (BLUE)***

Thursday, April 9th	**TURF**
5:40 PM	1-2
6:40 PM	1-3

Monday, April 13th	**TURF**
5:40 PM	2-3
6:40 PM	2-1

Thursday, April 16th	**TURF**
5:40 PM	3-1
6:40 PM	3-2

Monday, April 20th	**TURF**
5:40 PM	1-2
6:40 PM	1-3

Thursday, April 23rd	**TURF**
5:40 PM	2-1
6:40 PM	2-3

Monday, April 27th	**TURF**
5:40 PM	3-2
6:40 PM	3-1

Monday, May 4th
Single Elimination Tournament

Monday, May 4th – Single Elimination Tournament

KEY POINTS:

- Games will be played in two 20-minute halves with a running clock at all times.
  - When a point is in play, and the clock runs out, finish the point and conclude the half after the point has been scored.
  - If the score is tied at the end of the second half, play one more point to determine the winner.
- Teams are given 1 timeout per half.
  - Timeouts last 70 seconds.
- **Rosters must be turned in by the SECOND WEEK OF THE SEASON!**
- Players must be on the roster and play in 2 matches in order to participate in the post-season tournament
  - Forfeits do not count towards matches played
- Ultimate is a non-contact sport. Players must avoid physical contact during the play. Picks and screens are also prohibited.
- Please remember that there are no referees. Call your own violations.
- Inclement Weather: Matches may proceed in light rain; however, they will be canceled if there are thunderstorms, lightning, thunder, or any issued severe weather advisory.
- ALL GAMES ARE PLAYED AT LAMPKIN PARK'S TURF FIELD