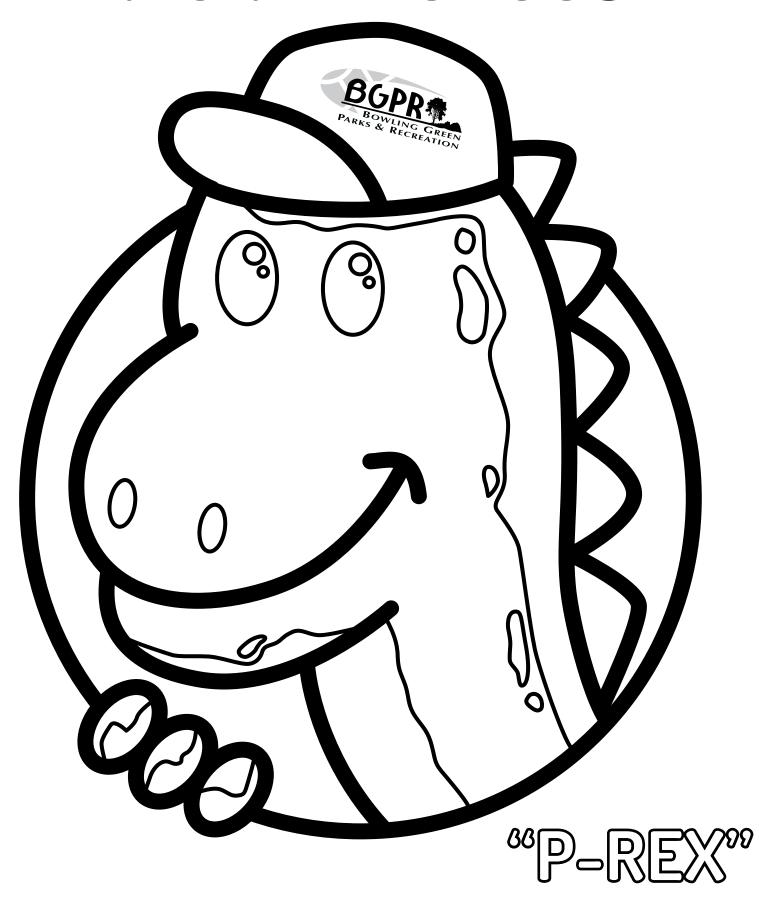
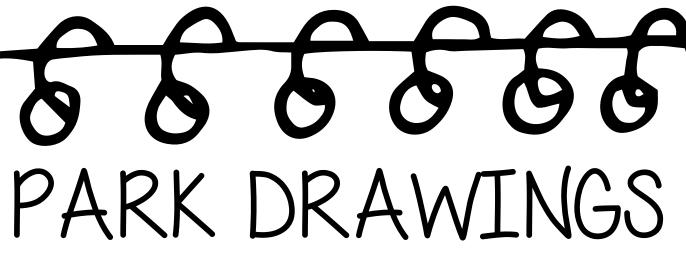
PARKS and RECREATION ACTIVITY BOOK



PARKIMOUS RECREATIONOUS

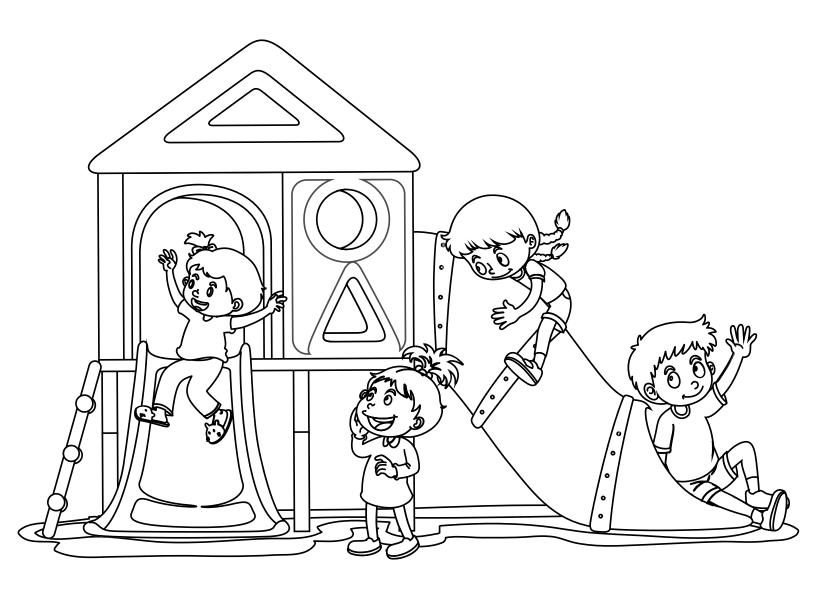




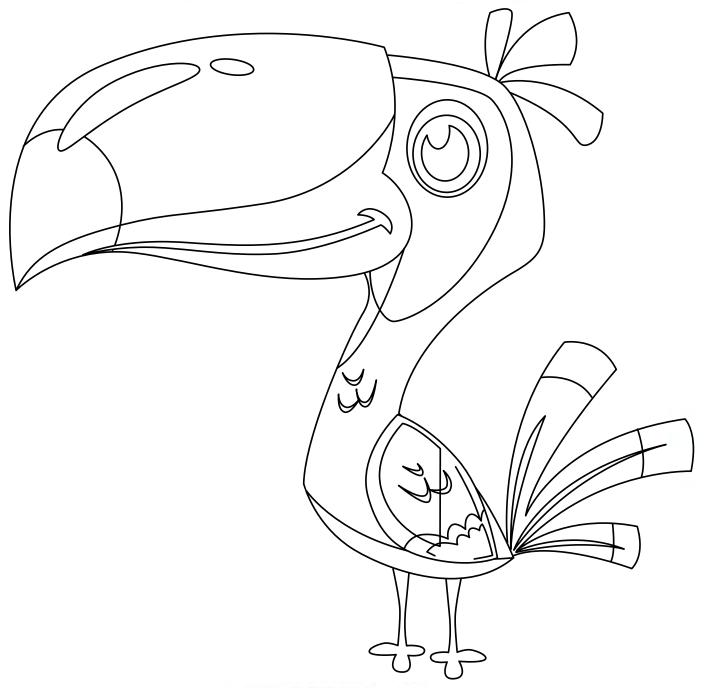
See something cool in the park? Draw it here!

What should you always do when on the playground?

- A.) Wait your turn
- B.) Play under adult supervision
- C.) Sit down while you swing
- D.) Wear clothing that won't get caugt on things



RUSSELL THE TOUCAN





WATERSLIDE MAZE

Help Russell the Toucan get down the waterslide.

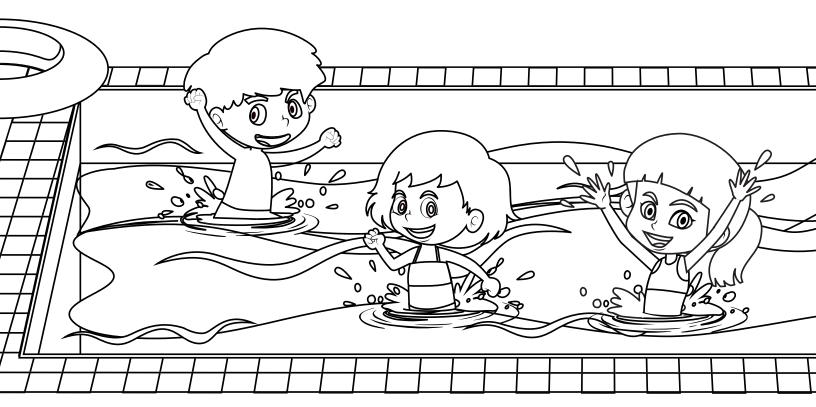




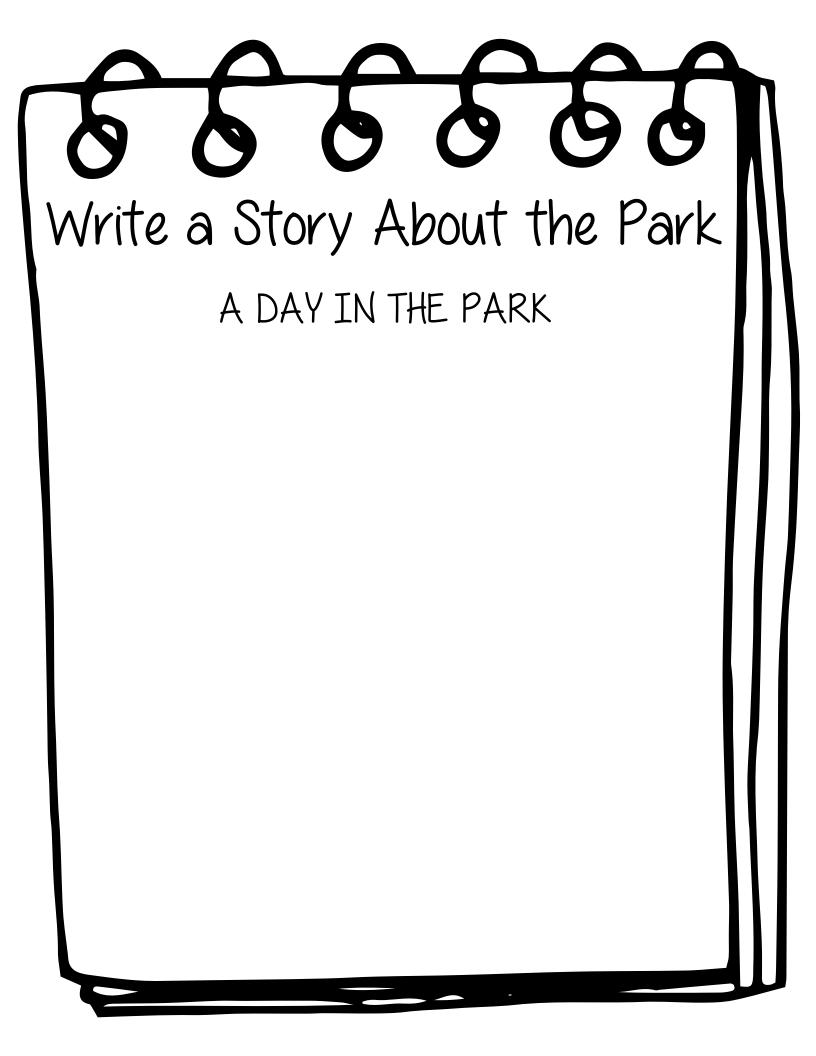
RUSSELL SIMS Aquatic Center

BE SAFE WHEN YOU'RE SWIMMING

- Always wear a lifejacket if you can't swim or if you're on a boat
- Never play in or near water alone. Only go to a pool if a grownup is with you.
- Always follow the rules at the pool. They help keep you safe.
- Listen to lifeguards.





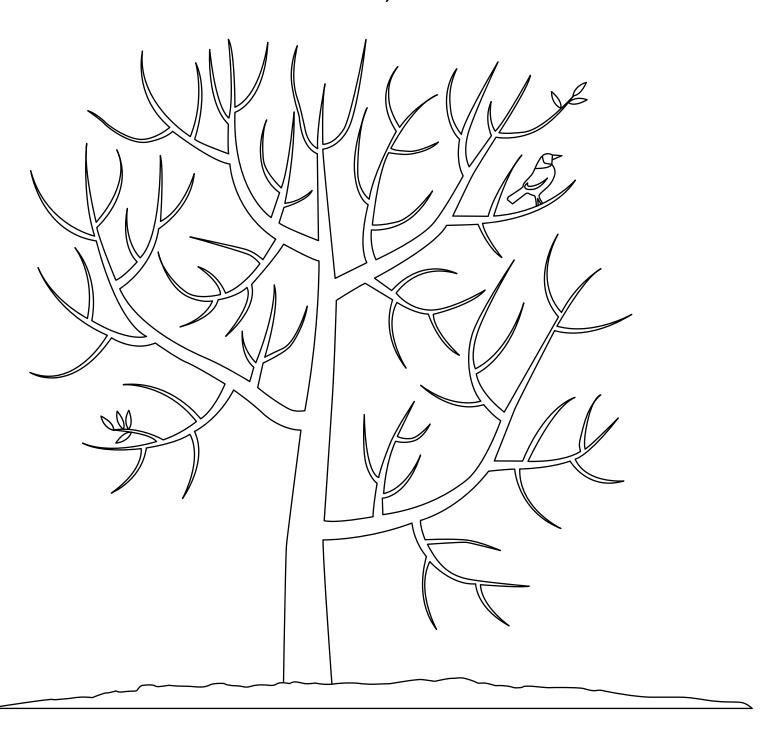


TREE TIME

Add your leaves to this tree - try finger painting or even using twigs dipped in paint. Add some birds or animals.

When you're finished, look outside your window. Draw your favorite tree and see if you can find out what type of tree it is.

You can also collect leaves from outside and trace them on the page. What can you see?



UNSCRAMBLE THE PARKS

WELDON PEETE PARK

COVINGTON WOODS PARK

H.D. CARPENTER PARK

SPERO KEREIAKES PARK

CHUCK CRUME NATURE PARK

ROLAND BLAND PARK

RIVERWALK PARK

JENNINGS CREEK GREENWAYS PARK

RESERVOIR HILL PARK

PRESTON MILLER PARK

PIONEER CEMETERY

PEDIGO PARK

OGDEN PARK

LOVERS LANE SOCCER COMPLEX

LEE SQUARE PARK

C.W. LAMPKIN PARK

JAMES R. HINES BOATLANDING PARK

HOBSON GROVE PARK

H.P. THOMOAS PARK

FOUTAIN SQUARE

FORT WEBB PARK

ENODG PRKA

VERRIWKAL RAPK

ONWDEL EEETP RAPK

INGCOVNTO DSWOO KPAR

W.C. LIAKNMP KARP

RESPO REIKEAKSE RPAK

SNHOOB RGOEV KRPA

LARDNO ANDBL KRPA

DH. TERCARPEN ARPK

NNIJEGSN EEKCR AYGRNWSEE KPAR

OIRREESRV LIHL RPAK

PRONEST REMILL ARKP

EEPIRON METCEERY

GOPIED KRPA

FTOR BWBE ARKP

ERSLVO NEAL CCSORE LECOXMP

ELE UAESRQ RKAP

AIOUTFN RSQEAU

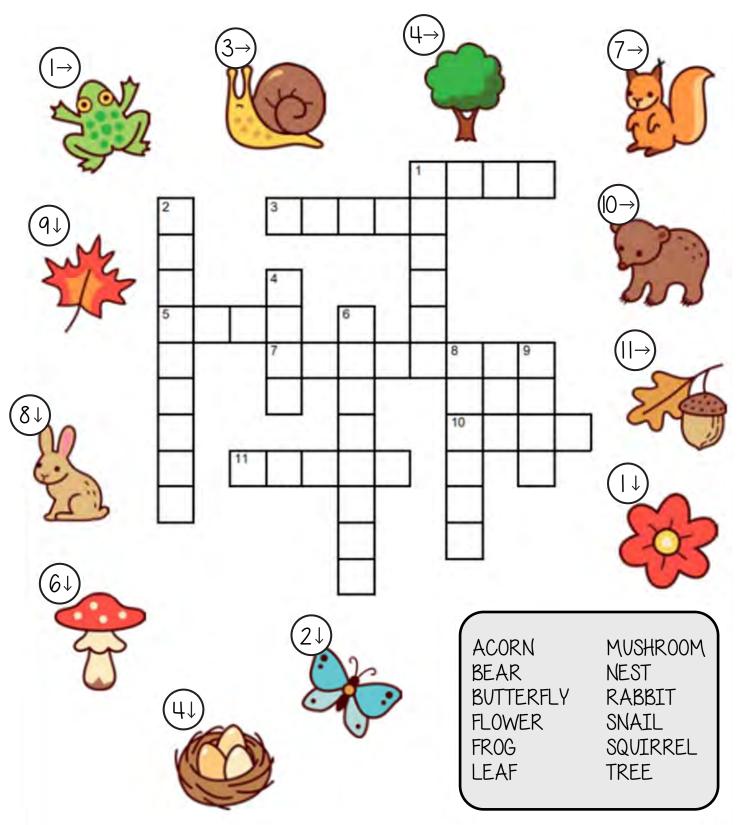
SEJAM R. SHEIN BTAAONDLING RAKP

P.H. MHTOAOS RKPA

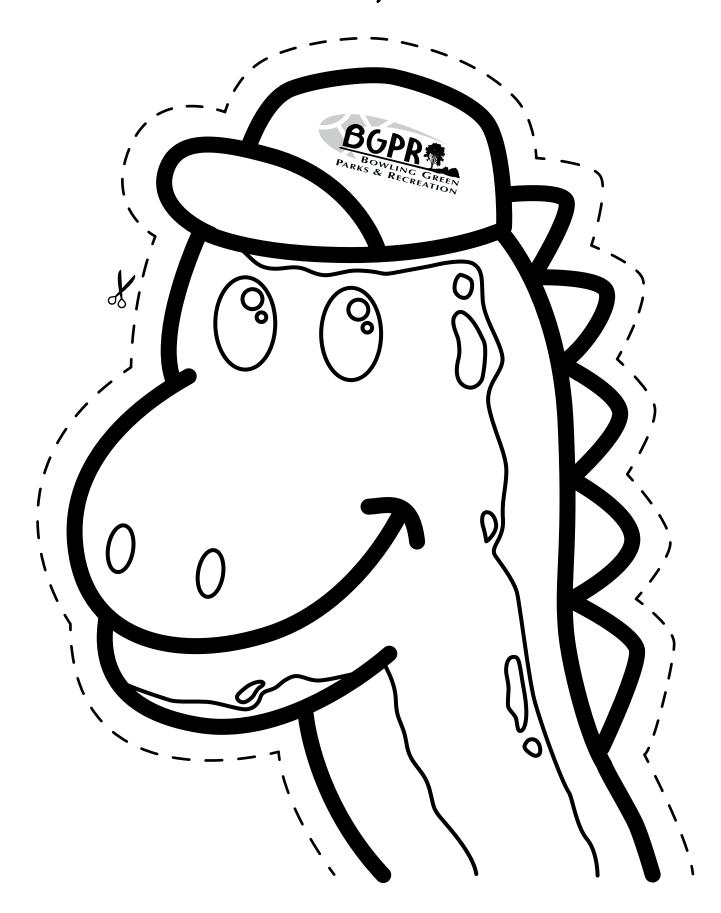
UCKCH MECRU TUNARE ARKP

CROSSWORD PUZZLE

Identify each item and fill in the crossword puzzle with the name. Use the word bank if you get stuck.



Color REX'S face and then cut around the dotted line to make your own RE mask!



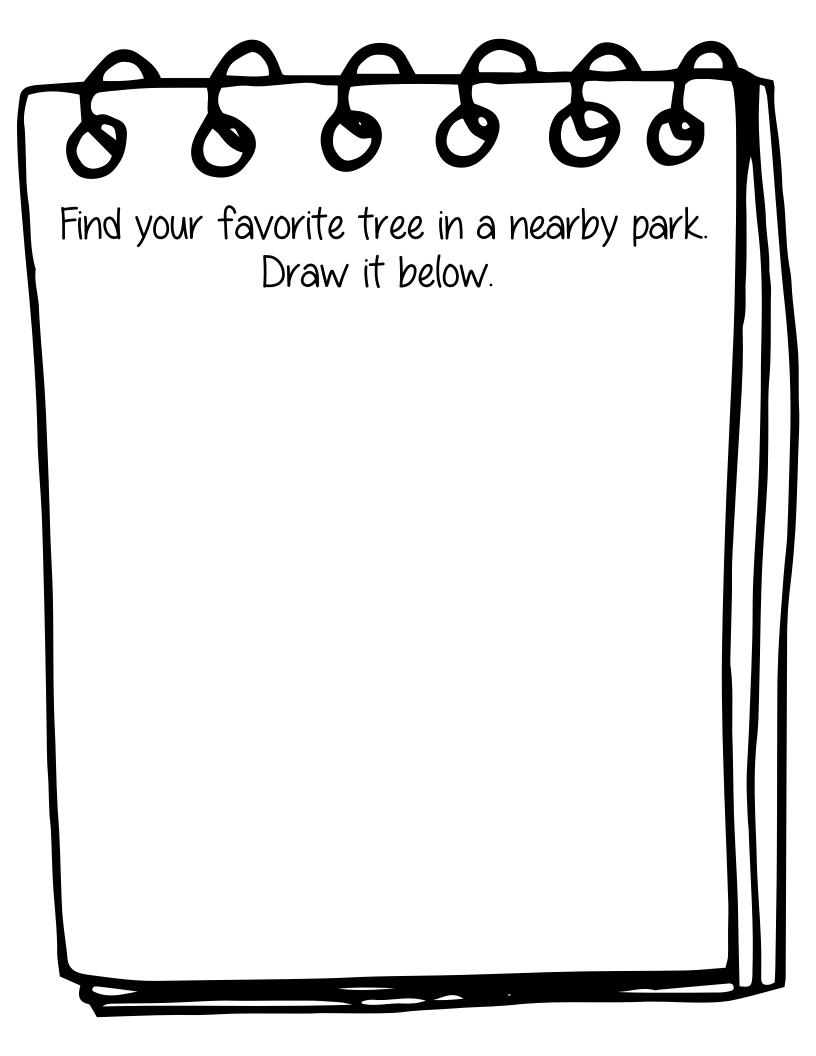
BGPR Word Search

S	R	Т	Α	Ε	Р	L	Α	L	L	Ε	Ι	P	L
N	W	Т	В	S	L	M	L	В	N	S	М	0	0
Т	L	U	Α	S	Α	0	E	Α	Α	N	0	0	N
L	S	L	S	0	N	X	Т	S	T	Α	Ε	Y	N
0	N	L	E	R	Т	L	E	K	U	N	В	I	V
C	0	L	В	С	I	E	L	E	R	Т	K	K	0
0	Ι	S	Α	Α	С	Υ	Н	Т	Ε	Р	Α	Ε	L
M	Т	0	L	L	Α	L	Т	В	M	R	R	R	L
M	Α	F	L	S	Р	Α	Α	Α	M	Ε	Р	E	Ε
U	E	Т	N	I	Α	Α	L	L	L	W	Ι	Ι	Υ
N	R	В	В	N	R	I	M	L	G	0	P	Α	В
I	С	Α	В	N	K	L	P	K	0	L	0	K	Α
Т	Ε	L	Υ	Ε	S	С	В	L	L	F	0	Ε	L
Y	R	L	Т	Т	M	I	W	S	F	R	L	S	L

LAMPKIN
NATURE
MOXLEY
VOLLEYBALL
TENNIS
BASEBALL
PLANT

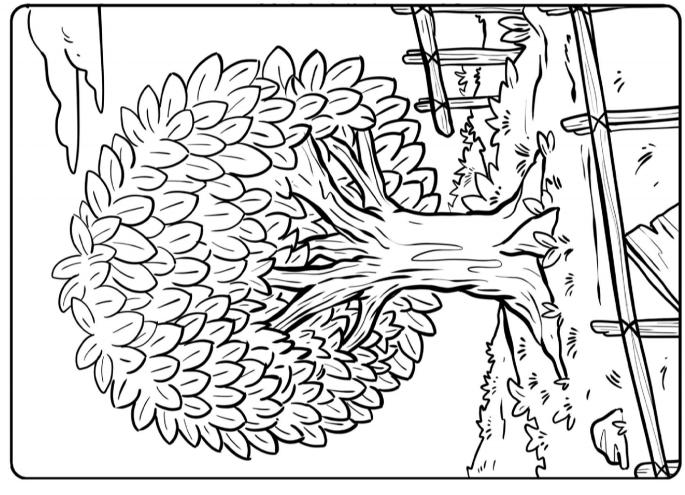
POOL GOLF RECREATION SWIM COMMUNITY KEREIAKES SOFTBALL

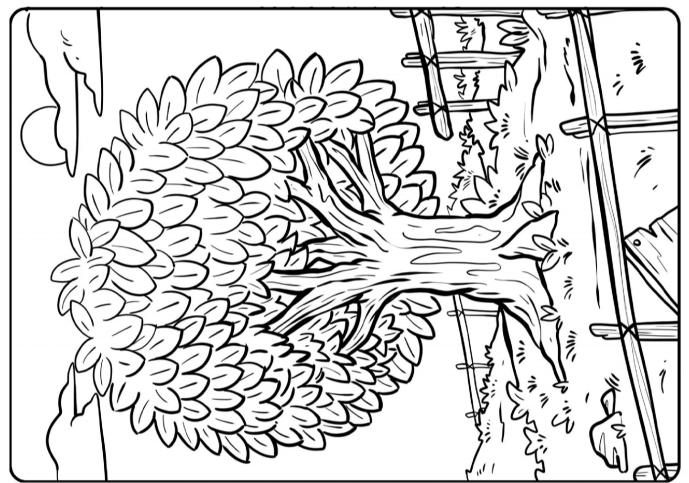
ATHLETE BASKETBALL LACROSSE FLOWERS PARKS



THE DIFFERENCI SPOT T

Can you spot the 9 differences between these two pictures?





RECYCLING

Recycling is one of the best ways to protect our Earth. Recycling is when used materials are turned into new items.

Used aluminum cans can be turned into brand new cans!

Used glass bottles and jars can be turned into brand new bottles and jars!

Used plastic bottles can be turned into yard furniture!

Old newspapers can be turned into new paper and paper towels!



EGG CARTON FLOWER

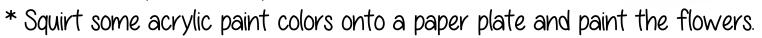
This cute spring carft can also be made from mostly recycled materials.

What you will need:

- * Paint
- * Egg Carton (not foam)
- * Paper Straw
- * Pom Pom or Button
- * Scissors Glue
- * Paint Brush

How to make:

* Cut out four containers of the egg carton. Trim around the edges so that it gives it a rounder shape for the petals of the flower.



- * After the paint is dried, attach the stem of the flower by gluing the paper straw to the back.
- * Next, attach the center of the flower. You can use a pom pom, a button, even a penny. Glue it to the center of the painted egg center.



Parks & Recreation **Activity Guide**

Activities to do With Your Friends and Family:

Outdoor Scavenger Hunt

Family Picnic

Paper Airplane Competition

Sidewalk Chalk Obstacle Course



Sidewalk Chalk

Fly a Kite

Outdoor Charades



Family Hike

Family Fitness Challenges



Park Bingo



Hula Hoop Toss

Water Balloon Toss

Tic Tac Toe Sidewalk Chalk Relay Race

Family Water Relay (Just Need a Bucket and a Sponge!)

Read a Book









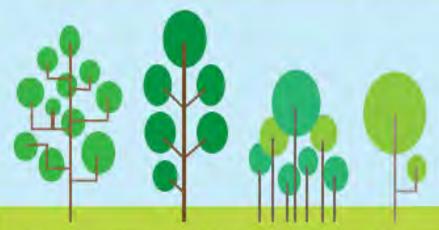




Parks & Recreation Activity Guide

Family Fitness Challenge:

- 1. Jump in one spot 20 times.
- Run as fast as you can and find 5 sticks, one at a time, and bring them to your parents.
- 3. Do 15 jumping jacks.
- 4. Go to the parking lot and use the white line as a balance beam.
- 5. Hop like a bunny 20 times. See how far you can get from where you started.
- Lay on your back with your feet in the air. Try to reach for your toes. Do this 15 times.
- Find a bench. Sit on it, hold your arms out in front of you as you get up and down. Do this 10 times.
- 8. Stand on your tippy toes and count to 30. This will help you with balance.
- 9. Hop on one leg 15 times then switch to the other side.
- 10. Lay on your back and do 15 crunches.
- Sit up with your legs straight out in front of you. Try to reach for your toes WITH OUT bending your knees.
- 12. Stand on your tippy toes and walk forward while you count to 25.
- 13. Get on a grass area and walk or run backwards as you count to 30.
- 14. PARENTS... pick something your kids can race to and back, like for instance, to a small tree in front of us or a red bench to the side.
- 15. Everyone go on an adventure walk together. Pick up something on your walk and take it home. Share what you enjoyed most during your trip out.













Parks & Recreation Activity Guide

Park Bingo:

Can you spot a squirrel in a tree?

Find a bird and research what kind of species it is

Can you find a 3 or 4 leaf clover?

Find another person and ask them how they are doing. (Socially Distanced of course!)

Write and leave a kind someone to find Always pass on kindnessi

Hop on one foot 20 times and then switch!

Count the number of trees you see in one of our parks

Read a book under a shady tree Walk one of out many trails.

find a bug and do some research about it!

Do some yoga under a tree

Paint a small rock with a kind message on it, and leave it in the park for someone else to find

Record a video telling us why you love going to the park!

Have a family picnic in the park!

Complete the BGPR Family Fitness Challenge in one of our

Draw a picture with sidewalk. chalk in a park

Fly a kite in the park

Play a game with your family parkii (dribble di throw a Frisbee. or whatever you

Play disc golf at one of our many great courses

Find items in the park that start with the letters in your name, and spell your name out

Have a family dance party in the park!

Take a family selfie in your favorite park

Write a poem about parks and being outdoors!

Find the biggest tree and hug it

Complete all of our BGPR Park Scavenger Hunts!





Did your family complete the Park Bingo activity? Share your family photos with us using the #BGPRParkBingo on social medial

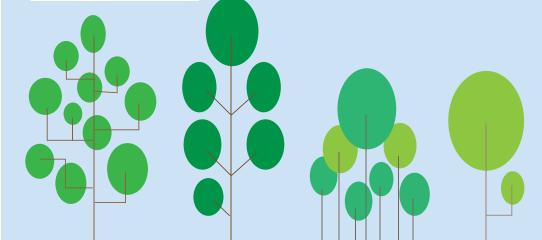




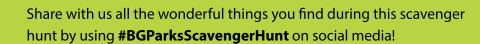


Preston Miller Scavenger Hunt









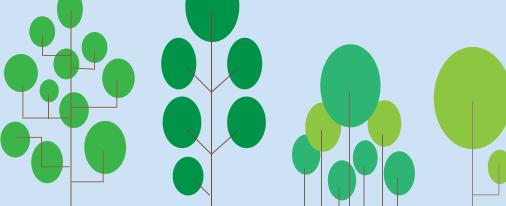






Lovers Lane Scavenger Hunt







Share with us all the wonderful things you find during this scavenger hunt by using #BGParksScavengerHunt on social media!





