



January  
Newsletter  
2012

"Cheers to a new year and another chance for us to get it right."

~Oprah Winfrey

*Happy, happy new year my friends! I hope this newsletter finds you in good health, good spirits and ready to take on the new year. I have begun making the good ole new year's resolutions and I'm ready to get started! On the top of my list, as well as most Americans- get fit! If this is on your list or you just want to have fun movin' and groovin' you can join me for another session of Muscles in Motion starting on the 18th- cause getting fit can be fun! Second on the list- up the excitement. How you may ask? Let's start with Prom, nothing like a dance to get the party started. Hillvue Heights will be hosting 'Painting the Town red' prom on Friday, January 20<sup>th</sup> from 6:30-10:00 p.m. The attire is casual, your best WKU apparel is suggested. Also, we are hosting a University of Kentucky vs. University of Tennessee basketball viewing party on Tuesday, January 31<sup>st</sup> at 6:30 p.m. We will be serving pizza and drinks, all while cheering on the Cats! And last but not least, Bowling Fun League resumes, and with a name like that you know it's going to be a good time. I have some special theme days prepared and I know I'm looking forward to adding a little pizzazz to the old bowling alley!*

*We all know basketball and cheerleading seasons are heating up. Games and practices are scheduled (make sure to check your calendars). We are now hosting games at Kummer Little Recreation Center on Sunday, January 22<sup>nd</sup> from 10 a.m.-3 p.m. Concessions will be open for lunch and snacks. Feel free to join and cheer on your friends!*

# January

1. **Body movin, get cha body movin-** Muscles in Motion is here, just in time to satisfy those pesky new years resolutions. We will meet every Tuesday and Thursday at Kummer Little Recreation Center from 3:00-4:00 p.m. The program is 6 weeks long and costs \$10. Registration is required.



2. **Have a ball bowling-** The Bowling Fun League is back in action Wednesday, January 18<sup>th</sup> at Southern Lanes from 2:30-3:30 p.m. The league will go through March with some new fun and theme days planned. The cost is \$3.00/ two games.



3. **Make it a movie night-** Movie nights are back in business! Join us Friday, January 13<sup>th</sup> from 7-9 p.m. at Kummer Little Recreation Center's multipurpose room, located upstairs. Popcorn and refreshments will be served.



4. **Ballin'-** January will see the start of scrimmages and games for all of our basketball teams. Please see your prospective team calendars for scheduled dates. Travel forms will be provided for all games at least two weeks in advance.



5. **Paint the town red Prom-** Hillvue Heights will be hosting their prom on Friday, January 20<sup>th</sup>. Please see the enclosed flier for additional information.



6. **C-A-T-S on the bigscreen-** We will be hosting a UK vs. Tenn viewing party on Tuesday, January 31<sup>st</sup> at Kummer Little Recreation Center from 7-9 p.m. Game starts at 7 p.m., please do not arrive earlier than 6:30 p.m. See attached flier.



# Calendar

## Tuesdays

**Muscles in Motion** (*Starts 1/17/12*)

*3-4 pm, Kummer Little Recreation Center*

## Wednesdays

**Bowling Fun League** (*starts 1/18/12*)

*2:30-3:30, Southern Lanes \$3.00/2 games*

### **Cheerleading**

*4-5 pm, Kummer Little Recreation Center (restarts 1/25/12)*

### **Basketball**

*6-8 pm, Parker Bennett Elementary (please see schedule)*

## Thursdays

### **Muscles in Motion**

*3-4 pm, Kummer Little Recreation Center*

## Sundays

### **Basketball**

*Kummer Little Recreation Center*

*Deputies, Express- 2-3 pm*

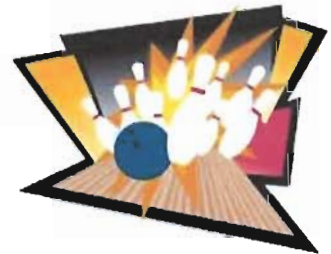
*Raiders- 3-4 pm*

*Sheriffs and Generals- 3-5*

# Bowling Fun League Schedule



Wednesdays 2:30-3:30



**1/18- Welcome back, first bowl!**

**1/25- Retro Special Olympics Day-** find your oldest and dearest S.O. t-shirt to show off and reminisce.

**2/1- Super Bowl-ing-** Superbowl themed



**2/8- Just Bowling**

**2/15- Country Love-** Wear your best country look, cowboy hats and all! Or go camouflage.



**2/22- Friendly Competition-** awards given



**2/29- Bowling**

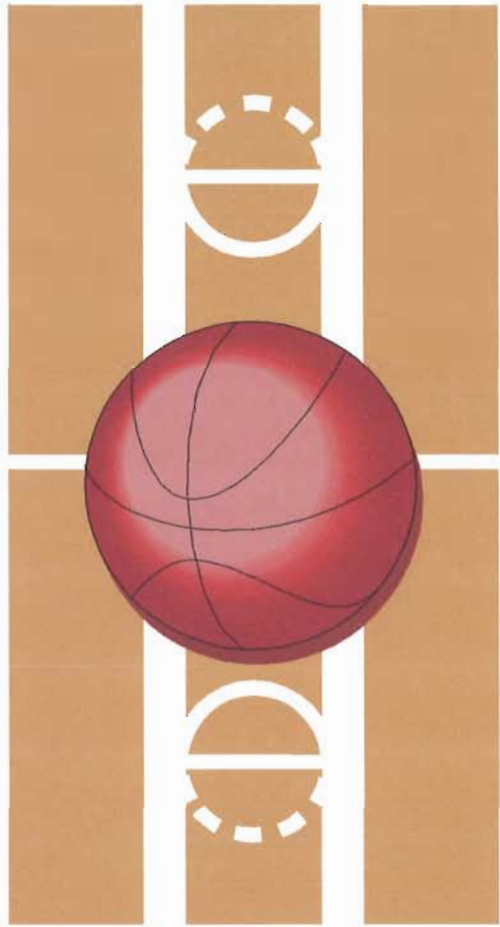
**3/7- Rivalry time-** UK, WKU or Louisville? Show your support for your favorite KY team!

**3/14- More Bowling**

**3/21- Spring Celebration/ End of Season**



# BASKETBALL



Join us for

## College Basketball On the Flatscreen

UK vs. TENN

Free Pizza and Drinks

**Date:** 01/31/12

**Time:** 6:30 p.m. (7 p.m. game time), please do not arrive any earlier.

**Location:** Kummer Little Recreation Center

For additional information on this slam dunk party please contact:

Nicole 393-3265 or

Christy 393-3480



# Invitation

**Prom 2012**

*'Paint the Town Red'*

**Date:** January 20, 2012

**Time:** 6:30-10:00 p.m.

**Location:** Hillvue Heights Church

*Put on your dancing shoes and favorite  
WKU apparel because on **JANUARY 20,**  
2012, we will Paint the Town Red and  
dance the night away!*

**Sponsored By:** Hillvue Heights Church

**Please sign up online at:**

<http://www.hillvue.com/jesus-prom-signup-attend.html>

**or in person at** 3219 Nashville Road, Bowling Green, Kentucky 42101

**For more information call:** (270) 842-0012 or (877) 842-0013



**225 E. Third Avenue**  
**Bowling Green, KY 42101**